

First Announcement & Call for Abstracts

Conference on Non-Communicable Diseases: The Role of Diet and Physical Activity in Combating NCDs

Theme : Multi-Stakeholders Strategic Partnership

26 – 27 March 2013

Renaissance Hotel, Kuala Lumpur

Organised by :



Nutrition Society of Malaysia

Co-organised by :



Ministry of Health



Malaysian Association for the
study of Obesity



Rationale:

Non-communicable diseases (NCDs) have become the leading causes of death globally, killing more people each year than all other causes combined. Much of the human and social impact caused each year by NCD-related deaths could be averted through well-understood, cost-effective and feasible interventions. International organisations, especially the World Health Organisation, have called on all stakeholders to work in partnership to prevent and control NCDs.

Research data, including those from the National Health and Morbidity Surveys over the past 3 decades have shown that the prevalence of NCDs in Malaysia has been on the rise. Various policies and programmes have been established to combat these diseases, including the National Strategic Plan for NCDs in 2010.

Various stakeholders from the public and private sectors and the non-governmental organisations have implemented intervention programmes to prevent and control NCDs in Malaysia since the 1980s. Greater concerted efforts must be made by all stakeholders, including the general public, in order to curb the further rise of NCDs and to safeguard the health of future generations of Malaysians.

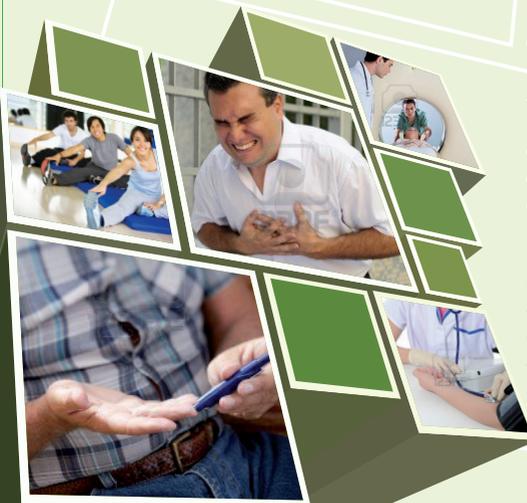
The Conference:

Inappropriate dietary patterns and sedentary lifestyles are the two main causative factors in many NCDs. Being the main nutrition professional body in the country, the Nutrition Society of Malaysia (NSM) has taken on the initiative to organise this Conference and focusing on the role of diet and physical activity in combating NCDs. Co-organisers to the Conference are key players in this subject, namely the Non-Communicable Diseases (NCD) Division of the Ministry of Health Malaysia and the Malaysian Association for the Study of Obesity (MASO). Participants to the Conference are all the stakeholders who have a role in providing better understanding of the diseases and the associated risk factors, in establishing policies and intervention programmes, as well as all organisations.

The two-day Conference will provide a forum for relevant experts from the public and private sectors, professional bodies and other organisations to share experiences and views on all aspects related to the prevention of NCDs. As promoting appropriate dietary pattern and active lifestyles require multi-disciplinary approaches, it is anticipated that professionals from a variety of organisations, both in the health and non-health sectors, will be participating in the conference. It is well recognised that while promoting greater awareness of the importance of healthy lifestyles is vital, creating enabling environments to change consumer behaviour and practices is crucial.

A number of symposia sessions and poster presentations will enable exchanges on research directions and findings as well as success and challenges in combating NCDs. A round-table discussion will enable stakeholders to explore possible strategic partnership to combat NCDs.

It is intended that the Conference will provide further impetus to all stakeholders to work together towards preventing these scourges and to strengthen their resolve to work collectively towards creating a healthier nation.



Objectives:

- 1 Further raise the level of awareness of NCDs in the country amongst all stakeholders, including the general public
- 2 Update on the prevalence and risk factors (especially in relation to diet and physical activity)
- 3 Share research experiences NCD-related research directions and findings
- 4 Exchange of experiences and approaches in intervention programmes to combat NCDs and outlining future plans
- 5 Explore opportunities for multi-stakeholder partnership in the prevention of these diseases

Who should attend:

Anyone with a heart to contribute towards the prevention of NCDs is invited to participate and contribute to this Conference, including:

- Nutritionists, dietitians, medical officers, nurses, and other healthcare professionals
- Researchers and post-graduate students
- Physical activity educators, psychologists, sociologists and other health educators
- Food scientists and technologists
- Journalists

Any organisation/institution from the public and private sector, in the health and non-health sectors, who wish to be a part of the multi-disciplinary approach towards combating NCDs are welcome to participate, including:

- Government ministries and agencies
- Research institutions
- Professional bodies/NGOs
- Universities with health-related programmes
- Companies dealing with food & beverage as well as fitness/health and wellness
- All print, AV & Social related media

Language:

The official language of the conference shall be English

Symposia and poster presentation topics :

- Prevalence of NCDs and associated risk factors, including dietary behaviour and patterns
- Current situation on status of physical activity
- Research on the effectiveness of intervention programmes
- Stakeholders' intervention programmes and strategies (from the standpoint of diet & nutrition, and also physical activity): success, challenges and future directions

Call for abstracts:

Participants are invited to submit abstracts for poster presentation and a limited number of oral presentations. All abstracts submitted must adhere strictly to the guidelines provided. Deadline for abstract submission is **15 January 2013**.

Opportunity for trade exhibition:

Private sector companies in food and beverage, fitness and health and wellness are invited to showcase their services and products that contribute towards all areas related to the prevention of NCDs. Please refer to the sponsorship packages for details on the trade exhibition.

Registration & fees:

Category	Fee (RM)	
	NSM and MASO members/MOH staff	Others
Delegate	480	600
Post-graduate students	400	

Registration deadline: **8 March 2013**. A surcharge of RM 100 applies for registrations received after that date.

Registration is only confirmed upon receipt of payment

A registered delegate/student is entitled to admission to all scientific sessions; admission to trade exhibition; conference kit and programme/abstract book; refreshment during mid-morning and afternoon breaks; lunch.

For more information, please contact:

Secretariat Conference on

Non-Communicable Diseases (NCDs)

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